

The *PARISH NEWS*



From the Editorial Team

Don't we just love talking about the weather, and this summer has certainly given us no shortage of conversation! We lost Fowey to the fog for a week, which cleared to give us weeks of sunshine and high heat, warming the ocean and bringing us visits from all kinds of marine life – dolphins, whales, jellyfish and octopuses.

We held the National Garden Scheme open gardens during this warm spell and welcomed visitors from far and wide. The weather really showed off the gardens in all their glory (see page 4).

St Saviour's Church in Polruan finally found a buyer and the sale went through very quickly. Everyone worked very hard to clear the church but not before a wonderful flower festival with displays from many of the clubs and businesses in the village (see page 21). Many also enjoyed the last service held in the church. Welcome to the new buyers and thanks for giving the building a new chapter in its history.

The Save Our Surgery team have worked tirelessly on behalf of Polruan to keep our surgery and it is great to report that they have been successful. Well done to all who struggled with what seemed to be an impossible task (see page 15).

The entries for the garden sculpture competition are now being exhibited (see page 3). Once again it is amazing to see Polruan's creativity on show.

August is always a busy month as we welcome visitors to our area. Highlights are of course the Fowey and Polruan Regattas (see page 3). Due to the publishing date we will be able to provide full coverage in the next issue. Hopefully this will be something to brighten up the Winter months.

We have considered the need to charge for community advertising to enable us to raise further funds to support publication of the Parish News. However as we have had some donations we are currently able to continue to publish these advertisements free of charge. If any more of the clubs/organisations feel able to donate some money to the Parish News or are willing to pay for their advertisement, this would obviously help us to cover our printing costs.

Polruan Film Club are unable to show a film in September (see page 9). As Polruan Village Hall is booked for September 26th it seems an ideal opportunity to have a fundraising skittles competition to raise funds for the Parish News with any money raised in the bar going to the Film Club. Everyone is welcome. Please see social media and

posters for further information.

Finally, we are conscious that the Parish News focuses a lot on Polruan. This is mainly because we don't get many articles from other areas. If you wish to change this, please do send us news and information from your community – we would love to include it.

The Parish News *for Lanteglos, Lanreath, Lansallos, Pelynt & Talland*

Closing date for the Winter issue
(December/January/February) is
Sunday 1st November 2026
Please send all copy and letters to
the Editorial Team
no later than
Sunday 1st November
Thank you.

Editorial Team

editor@polruanparishnews.co.uk

Advertising

advertising@polruanparishnews.co.uk



Photograph courtesy of Duncan McInerney

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And They Are Off! From Polruan Regatta Committee

The wonderful students and teachers at Polruan Academy very kindly made hobby horses for the Polruan Regatta Committee. The horses are fantastic and look superb! THANK YOU so much Polruan Academy. Everyone would have been able to see these thoroughbreds in action on Sports Day (Sunday 30th Aug) during the Regatta Weekend.... and perhaps even took the reins during one of the races, should they have felt confident in handling such a fine beast!



Beach Gala Polruan Regatta and Children's Sports From the Regatta Committee

The Beach Gala is a popular event in our calendar. Children enjoy a series of watery games on front beach, using fresh water. It's a sports day where participants are guaranteed to get wet!

This year 15 children, both residents and visitors, took up the challenges in their mixed age teams. Cheered on by a supportive audience, they ran up the beach wearing water filled wellie boots, aiming to empty the contents to fill a bucket. They raced a short distance after putting on soaking wet items of clothing in stages. Perhaps the most cheering came from the only event not to involve water but throwing an egg between a partner at ever increasing distances. Congratulations to all the children who took part.

Coffee, Cake & Catch-up **Lunches too**
Held at Polruan Village Hall

Our CCC sessions continue into their third year. Why not join us if you've not yet been? We guarantee a warm welcome!

COFFEE AND CAKE DATES:
After a short break in August to give our hard working volunteers some time to spend with their families, we meet again on **Tuesday 8th September**. Future Coffee dates are **Tuesday 13th October** and **Tuesday 10th November**. We're open 10am to noon.

LUNCHES: Our lunches will be served on **22nd September, 27th October and 24th November**. We are open from 11am and lunch is served around 12 noon. We close 1pm.

We've had a great time hosting some special community meetings at CCC during this last quarter. The Parish Council held their annual general meeting at one of our coffee mornings, the Save our Surgery (SOS) group also held a meeting to update everyone on their progress in the campaign to keep the Polruan Surgery open. Also we've had a couple of our local Parish Councillors visit to keep us up to date with what's happening in the village. We are supported by Jim Candy our County Councillor, Steve our PCSO and Richard local housing officer. We are delighted to say too that we have achieved a 5/5 food hygiene rating this summer. Again, we are very grateful to our volunteers who organise, bake, serve and clear up after each session. We couldn't do this without them!

Don't forget if you need transport (within Polruan), please phone Sue on 07811756615 or email us at polruanccc@gmail.com. We don't charge for transport or refreshments but always appreciate donations

Polruan Regatta and Children's Sports *From the Regatta Committee*

Our Regatta will be over when you receive this issue but as the copy deadline was at the beginning of August, we could not publish anything. I hope you look forward to the next edition for the Regatta report and photos to brighten the winter days.

Planning for our following years' regatta weekend begins as soon as the current one ends. We're sure that the 2026 programme we presented had something for everyone to enjoy and look forward to 2027.

We are grateful for the generosity of our Patrons and supporters for donations, which enable us to carry out regatta and our other events.

We've planned a couple of fun events for the children in October. The first a trip to Pennywell Farm at Buckfastleigh - it's an award winning attraction and the visit will include taking part in their pumpkin festival.

Emails will be sent to the parents and carers, whose children are on our data list, regarding the trip a little nearer the time. We will be asking for a commitment as the tickets need to be purchased in advance.

On October 31st there will be a Halloween party in the WI Hall-watch out for notifications and posters.

We thank all the entrants in the garden sculpture competition. A considerable amount of work went in to sourcing and creating their sculptures out of recycled materials.

Please contact Chairman Mark Pope on 07884001123 or Secretary Joanna Sandy on 01726 870671 with any queries. Thank you.



Winners

Businesses/Organisations

- 1st - Polruan School
- 2nd - WI, Fore Street
- 3rd - Polruan Store

Private Households

- 1st - 42, Fore Street
- 2nd - 7, Wherry Place
- 3rd - 8, Greenbank

POLRUAN KIDZ KLUB

Fun activities for all!



Cooking Craft & games

Last Friday in the month

Children from Reception up welcome!

[SADLY NO KK IN SEPTEMBER DUE LACK OF HELPERS]

23RD OCTOBER-AUTUMN EXTRAVAGANZA!

27TH NOVEMBER - FAMILY CHRISTMAS CRAFTS

Fees £1.00 per session includes equipment, drinks & biscuits

6-7.30pm @ Polruan Village Hall

Contact Angie Mallard on 07967 131525

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Frogmore Farm From Gill Palmer

It's July 24th and goodness it's hot. This weather has mixed blessings for us. The grass has dried up and we are having to feed the cattle. Water is a problem too with springs drying up.

The Winter wheat and barley have been harvested without the need for it to be dried. That has saved us the cost of gas and diesel to run the drier and the many man hours saved loading and unloading, but we have had to buy a big blower to cool the grain.

The heat is not good for long term storage, when it's piled in huge heaps it will not cool and would soon be ruined, so it's swings and roundabouts.

The Spring barley isn't quite ripe at the moment as it needs to have a moisture content of 14.5% or less for safe storage. We are hoping (although we badly need rain) that the good weather will stay for a few more days so the barley can be harvested without drying too. If so, we would have had the earliest finish to the harvest ever. We normally hope to be finished for the August bank holiday.



Our biggest worry at the moment is the danger of fire. A carelessly thrown bottle or a cigarette end would start a blaze. It would race across fields and hedges destroying everything in its path.

The fields that farmers are paid to leave wild and untilled for the benefit of wildlife would be the thing that killed everything.

Years ago when farmers were allowed to manage the land, there was plenty of wildlife, flowers bloomed naturally without the need for expensive reseeding and wildfires were very rare indeed.

Cliffs and moorland had annual controlled fires. A small area would be burnt in the Autumn each year. The following Spring there would be a green patch full of bluebells, primroses and wild daffodils. That patch formed a natural fire break. Ferns, brambles and the poisonous ragwort were kept under control.

Ben went to a big sheep sale in Exeter where he wanted to buy a hundred ewes

for next year's lambing. The prices for the pedigree sheep was a staggering £500 per animal. That was of course far too expensive. Luckily later in the sale the prices did become lower. He managed to get 50 ewes, cross bred of course. He has since managed to buy 50 more directly from farms to make his hundred.

Fingers crossed we will have a good lambing season next year.

NGS Open Gardens From Sue Rowe

We had a really successful NGS Open Gardens on 27th and 28th June with the weather being kind to us – not too hot and not raining! There were 11 gardens including the allotments and we sold 164 tickets making a total of £977.46 for the NGS to donate to various charities. All the visitors were lovely and chatted knowledgeably about the plants, knowing much more about them than I did!



The WI ladies sold cream teas making some £272.41 for the WI. After trudging around the gardens, the visitors were very grateful for some refreshments!

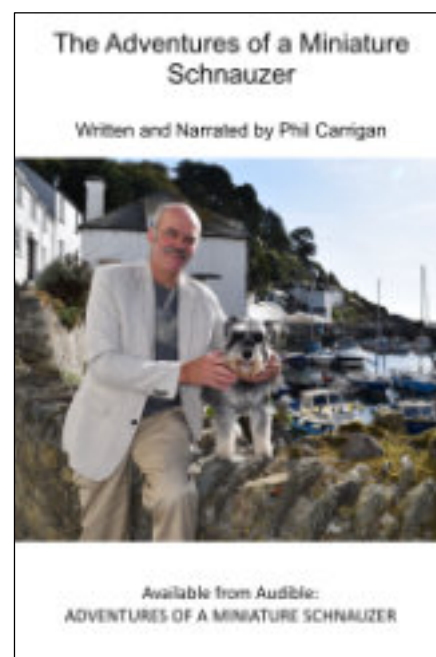
The garden owners and people who served teas and sold tickets visited each other's gardens on a separate occasion ending up with a wonderful spread of nibbles and Sangria at Hormond House thanks to Kip and Marian!



Most people are keen to support the NGS by doing the open gardens again next year but feel that visitors will get a little tired of seeing the same gardens every time. What I would love to do is split the village in two, hopefully convincing more gardens in the top half

of the village to participate. If all the gardens are at the top of the village visitors will be less reluctant to walk up the hill. We could do these gardens next year and have the lower half of the village the following year. This way garden owners would only have to participate every 2 years.

Please do contact me if you would consider joining in next year, especially if you are in the upper half of the village on sjsheerwood2@gmail.com. It really is a wonderful and rewarding experience.

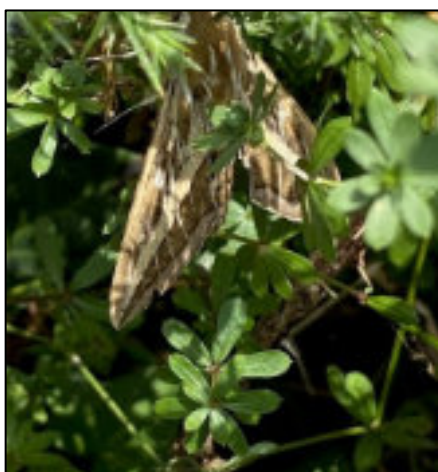


A Short Walk in July From Emma Farthing

Walks are wonderful for mental health. A walk on the 'same' route is never the 'same' - always subject to changing season, weather conditions and the time of day. Maybe a walk is with one person or with a group, or on your own.

Perhaps the walk is a well-known route or trail, or a local favourite, one to take with the dog. Walking can be peaceful and a time for reflection and to gather thoughts, or a bit more challenging – time to be alert for changing topography, dog mess on the path, for the scenery, fauna and flora.

Cornwall has many options for walks, the SW Path being the most obvious, the Saints Way, the Hall Walk among the more well known in this area, and then there are the local footpaths, the cut throughs and the paths less travelled. All of them are, in the understatement of a local near Lankelly Farm about 15 years ago, 'a bit up and down'.

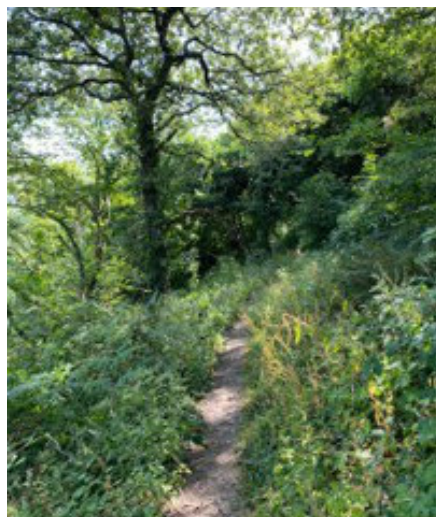


An interesting short walk from Polruan starts at GR SX132506. It's about 5-6km and takes just over an hour, (or a half hour if run). Passing the school playing field on your left, head to the coast and join the SW Path heading east. At this time of year, the skylarks are abundant in the morning and their song uplifting. In the evening swallows chase insects down. Butterflies of many kinds are numerous, and I was

very pleased to spot a large Silver Striped Hawk Moth – a visitor from Africa / Southern Mediterranean - in the coastal hedge this July.

After a short while a signpost 'Polruan by Road 11/4 mile) points left. Take this up onto the South Down and join the road, turn right and keep heading east. Remember to walk on the side towards oncoming traffic, and to pull into the banks when cars pass by. An alternative and more strenuous option is to keep on the SW path at the signpost and walk up the Lantic Bay steps before turning left at the top.

At Lantic Bay Car Park, take the narrow lane (Saffron Lane) down towards St Wyllow church. The church is a wonderful building, Norman in origin, rich in history and always a pleasure to spend time in. Continue past Churchtown farm and at the next road junction cross over and through the gate onto the wooded path to the left, heading west. This path runs parallel to the Hall Walk but is less travelled and in July this year had a few brambles to contend with. In contrast to the earlier part of the walk this section is sheltered, with the trees offering respite from the sun, wind or rain. At the 'T-junction' turn right and follow the uneven and rocky path down, still walking westwards. Eventually the path joins the main Hall Walk which ends in Polruan on Chapel Lane.



Polruan's Exercise Classes From Sue Jones

A new exercise class has arrived in Polruan, targeted specifically at those people who do not consider themselves to be 'gym bunnies', circuit breakers, weightlifters or marathon runners. It has just completed its first successful season and will return in September at the WI Hall.

We meet to be sociable, have a giggle and try our hands at something new and challenging when the mood takes us!

Sessions take place every Friday morning, plus 1st and 3rd Tuesday of the month 11.00 to 12.00. We have already done line dancing, low impact walking cardio (to some catchy tunes!), sitting pilates, yoga and dance videos. Nothing is out of bounds if it's fun and it gets the heart pumping.

We settled on Tai Chi Exercise for ladies of a certain age, throwing in a bit of Qi Gong to expand our knowledge and help cool down. We haven't finished yet as I am still collecting various workouts for us to try. (I still think my classes are hiding a few good belly dancers or even hula dancers).

Next term I will be introducing stretching and toning, so please join us, gentlemen welcome too, and bring along any bands or light weights you might have hiding in a cupboard. Classes hold 15 people maximum to be comfortable, so be sure to contact me nearer the time to book a place (£3.50 a session).

Keep your eyes peeled on Facebook's Polruan Support Group for when classes will be returning in September.



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Art at St John's

Dates for your diary!

The dates for our Autumn exhibition at

St John's Bodinnick:

22nd to 26th October | 11 to 4 daily



Autumn at Whitecross Local produce market *From Liz Luck*

Fun, friendly, good for you, good for the planet

First Saturday of every month 10.00–12.30

Dates for your diary: Saturdays 5th September, 3rd October, 7th November

This autumn, we're focussing on local cheeses, as Beth and Pam from Polruan make a welcome return to the market. They'll be bringing with them all kinds of delicious Cornish cheese from Bellamama Deli in Lostwithiel.

Whitecross regulars will know that we're also lucky enough to have a gifted artisan cheesemaker who brings her irresistible fresh cheeses to the market every month. Elena and her husband Dmytro combine Cornish milk with traditional cheese-making practices from their native Ukraine. Displaced by the war in their homeland, they now live in Par and have set up True Dairy to introduce us all to addictive delights such as Stracciatella (the creamy heart of burrata) and Cornish White (inspired by feta).



Elena has samples for you to try and lots of ideas for recipes. She will also make you a breakfast bruschetta while you wait (using Stracciatella on toasted sourdough made by Whitecross's ever-popular bakers Emily and Joe from Tywardreath).

What's usually found year-round at Whitecross?

Looe fish and shellfish; seasonal veg, salads, herbs, fruit, plants and cut flower bouquets; specialist mushrooms grown in Fowey; bread (including rye, sourdough and focaccia); Cornish heritage flour and grains; rapeseed oil from St Veep and olive oil from Turkey; a huge array of honeys and bee products; homemade cakes, sweet treats, preserves, free-range and rare-breed pork, bacon, sausages, burgers, hogget, goat meat (fabulous in curries); Dexter

beef from Lantivet; wild venison from Dartmoor; sausage rolls, scotch eggs, quiches, apple juice, free-range eggs, sauerkrauts and kimchi; handmade soaps and skincare, pottery, cards, basketry, woodturning, herbal teas and charcoal.

Adam's pasties (proper butcher's pasties from Lostwithiel) are cooked in the village hall kitchen. To avoid disappointment, text or call Kim on 07402 234386 to reserve yours (steak or cheese).

We also serve hot drinks from our Brew with a View hut – bring your own mug for 30p off.

Whitecross Village Hall, Lanteglos, PL23 1NF

Follow us on Facebook/Instagram
Email: whitecrosslocalmarket@gmail.com

Tel/text Liz on 07900 668604

Polruan Shed Association *From Henry Rowe*

It has been hot in the Shed over the recent heat wave, but we have still managed to make progress on most fronts, not least there has been a big tidy up with a white board and shadow lines of tools now helping us to remember where things are! Something I thought I would never experience but, nonetheless, our thanks to Peter Ripley for his work on this.

The purchase of the lathe has seen a flourish of activity on the wood turning front. Again, this is new to many of us and our thanks to Ray Rigg for stepping up and attending training seminars in Lostwithiel. Lots of trial pieces are being prepared with the picture below showing a candlestick being produced from an old damson tree log.



How this item, and the others, survive the drying out process remains to be seen but their main purpose has been for us to have a go and get used to using the tools and equipment we have. If there is anyone reading this article who has prior experience of wood turning, then we would love to hear from you - a great mug of tea awaits you.

Production of the radio-controlled model

of a Troy is progressing slowly as we come to grips with the intricacies of how we are going to control the steering as well as the jib and mainsail. We are getting there; it's all about knowing what bits we need and where to get them. The internet is great, but we now have lots of small packages containing items that looked good on the screen but did not meet up with expectations.



Other projects include the initial stages of the construction of a cedar strip SUP as well as continuation of the carving of Jane Slade who unfortunately is still awaiting her full facial treatment – something for the winter months they tell me!

If you would like more information about the Shed Association, including membership, session times etc, please contact Henry Rowe on hjdrowe@ggmail.com or 07887 824837.

Crafty Roosters *From Tammy Skinner*

Summer has been a busy term with so many different projects being undertaken. The most intricate paper cut picture, card making, scrap booking and dressmaking, all alongside our regular knitters, crocheters and embroiderers.

At our penultimate meet Lis Taylor brought along a wonderful shibori piece she was working on. Shibori is a Japanese resist-dyeing technique that involves folding, twisting, stitching cloth and binding it with string, rubber bands or clamps then dyeing it. The results are as spectacular as they are unique!

If you would like to join us, we are a friendly bunch. Bring a project to work on, or if you are a beginner looking to learn, give me a call in advance (07708 023772) so we can chat through how best to get you started.

Join us in the WI hall from 10.00 -12.00 on the following dates:

Monday 7th September, Thursday 24th September

Monday 12th October, Thursday 29th October

Monday 9th November, Thursday 26th November

£3.00 per session.

Polruan Village Hall News

From Fernley Hext

Most of the regular activities in the Hall have paused during August to give the volunteers who run them a well-earned rest. But as the schools open up and we head into Autumn they will all be happening again. If you are new to the village or would just like to find out what takes place in the Village Hall just email us at enquiries@polruan.org

We mentioned in our last update that two of our Committee Members had resigned due to work commitments or moving away from the village. Cynthia Lockyear and Charlie Cox both stepped down in the Spring. We would like to thank them for all their hard work on the Committee, not least for their part in organising and helping at our barbecues and afternoon teas. Whilst not a Committee member anymore, Charlie is still volunteering to help with any events. So, we have two vacancies to fill and if you are interested in finding out more about being on the Committee please get in touch at the email address or phone number below.

We had a very successful May Day Cream Tea again – this year a joint effort with Polruan WI and we were also grateful for help from the bakers in the CCC team. Sadly, we have again had to cancel our summer BBQ due to lack of personnel to organise and deliver this. It is increasingly difficult to find volunteers to help with these events – but the NCI still plan to hold their Pig Roast on Saturday 22nd August so please support that instead. Our Autumn Tea in October is also a casualty and will not take place this year.

You will no doubt recognise a recurring theme in our Parish News entries. For several years we have had difficulty finding someone to Chair the Village Hall Committee and also someone to act as Secretary. The Chair role is currently covered on a rotating basis by three regular user groups (Film Club, Social Club and Theatre Club) and we are grateful to Louise Kidd for stepping in the Secretary role. We are looking for a more stable solution and for volunteers in the community to take over these roles. As a registered charity it is essential that both are filled. We may have a temporary solution for the next year but only if we can recruit someone to work alongside the existing Chair for a year with a view to taking over in October 2027. The Village Hall is in a stable financial position and the roles are not overly demanding. You would be supported by a Vice-Chair, Treasurer, Facilities Manager and a Bookings Clerk. If you think you may be able to help with either of these two roles, or you would like to know more please contact us at enquiries@polruan.org or

by phone on 07557 144226.

For your diary – our Annual General Meeting will be on Friday 2nd October at 6.00pm and is open to everyone in the community.

Thank you for your continued support and encouragement.

If you are interested in using the Hall yourself, contact our Bookings Clerk, Kathryn Hill on 01726870953 or at kathrynehill39@gmail.com. See our website for details of what the Hall can offer <https://polruan.org> - you can also see a calendar of current availability

Polruan Sunnysiders WI

From Karen Windsor

Welcome to Autumn's report from the WI after the very long hot summer we have had.

In June we welcomed Brigit Strawbridge a local lady who enthralled us with her talk on the hidden lives of bees. It was informative and really helpful in raising awareness of the vital role played by native wild bees.

We provided cream teas for the National Garden Scheme in the Village Hall in June and raised over £200 for the WI.

In July our local church St Saviours closed its doors but the WI have been very happy to welcome its members to our hall, just next door. They are storing some of their equipment and are using our space to have various events and meetings allowing them to carry on services that would have been very difficult to provide elsewhere. We were very happy to help and have benefited from some funds to keep our hall fit for purpose into the future. We have a lovely new notice board outside the WI hall that the church has bought and allowed us to share with them.

July's meeting brought local resident Guy Needham from the Cornwall Wildlife Trust to tell us of the amazing work that they are doing all over this county. It was extremely interesting and informative and a few of us even signed up to be a tiny part of their valuable work.

August is the month that we don't meet up and can enjoy the holidays with our families and friends.

Notes for your diary for talks at the WI:

September: Martin Quinn - Women's rights under threat? As the UK far-right embraces USA style Christian Nationalism, the threat to women's rights is perhaps very real.

October: Ruth Saberton - the Fowey river area and how it inspires her writing.

If you would like to join our lovely group

of ladies, please do get in touch - we meet on the second Wednesday of every month at 19.00. For our talks all are welcome, including gentlemen, look out for our posters. For further information contact myself on 07800954770.



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Hall Hire

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kathrynehill39@gmail.com,
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Polruan Primary Academy

From Jane Wills

As we draw the academic year to a close, we reflect on a vibrant and rewarding final term filled with creativity, adventure, and a good year for our little school. This year, we have once again benefitted from the generosity of our local community with funding for water sports and swimming lessons in addition to funding for music and school trips. To repay some of the generosity, we have made a stable of hobby horses for the Regatta Committee for this year's Regatta, so look out for those in August.

Beyond the classroom, the curriculum has been enriched with a fantastic range of trips and activities. In addition to the many learning trips, we took the whole school to the Hall for Cornwall to watch the Christmas Pantomime Aladdin in December, thanks to the money raised at our summer concert. Our planned Pizza Express trip, courtesy of a very generous donation from a local benefactor, sadly had to be cancelled due to the heatwave, but staff improvised and created a fantastic pizza making day in school. On a positive, this means we have funds available for the Pantomime in December.

We finished the year with flurry of activities: ARENA Sports and Mental Health Days, outdoor learning, creating T-shirts using tie dye and adding the finishing touches to our sculpture for the village competition and of course our traditional water fights and class parties.

The Year 5/6 pupils had an action-packed activity week which encouraged them to step outside their comfort zones, try new experiences and overcome fears with confidence and enthusiasm. We had a fantastic week in their company and cannot praise them enough for their exemplary behaviour and attitude.



Little Harbour

from Lynn Bartlett

Congratulations to Zoe, Emma, Ava, Kaiden and Robbie who again took part in the annual Rainbow Run and thank you to everyone who sponsored them. They raised an amazing £315.30.

We have been very grateful to receive donations of adult and children's books, several with a Cornwall theme, either by author or story setting.

Our next two sales will combine books with Christmas Cards, first on Tuesday October 6th and again on November 3rd these will be held in the Reading Room, between 9.30 and noon.

Available will be a selection of 16 different new packs, all containing 10 cards and all for sale at £5.00. I have a few packs of last year's cards at £2.00 a pack. The calendars will be £6.00 and diaries £6.00. All can be viewed online at www.chsw.org.uk under the shopping heading. I have a small stock of all and they can be purchased by cash or cheque.

There is continuous access to a selection of books and jigsaws on the Blamey shelves, in the Reading Room. Paperbacks are £1.00, hardbacks £2.00, jigsaws by donation and children's books 50p, payment can be left in the secure honesty box.

Please contact me on 07977 440132 or email lbart49738@aol.com. Thank you for your continued support.

Subscriptions

Keep in touch with the village by having the Parish News sent to friends and relations and yourselves when away.

We only charge for the postage so please contact us to have the Parish News sent by post for a year.

Autumn Crossword

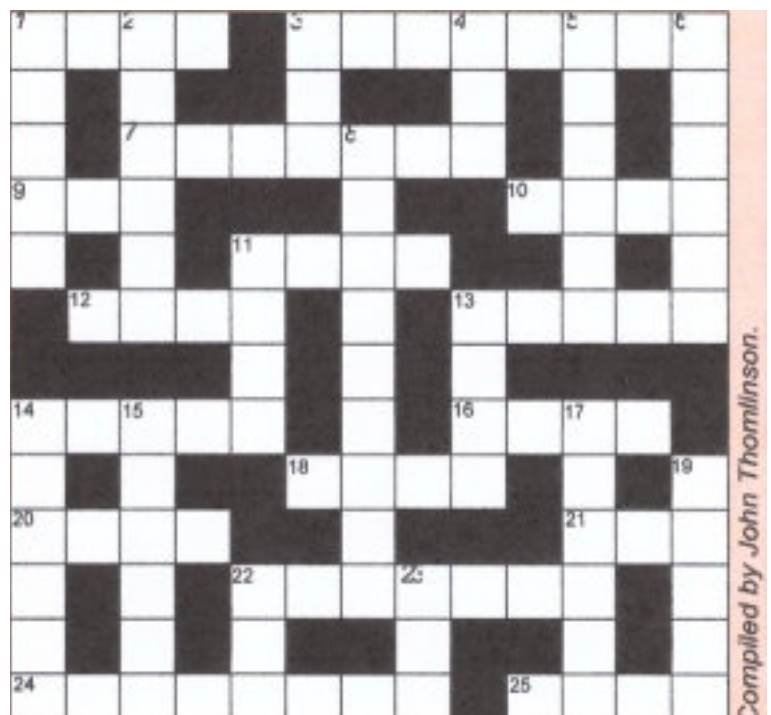
ACROSS

- 1 Engrave (4)
- 3 Hit man (8)
- 7 Cure all (7)
- 9 Tree (3)
- 10 Let it stand (4)
- 11 Attach (4)
- 12 Cheese (4)
- 13 Happen (5)
- 14 Choose (5)
- 16 Glimpse (4)
- 18 Fruit (4)
- 20 Gallery (4)
- 21 Roadside help (1, 1, 1)
- 22 Well read (7)
- 24 Obstruction (8)
- 25 Put an end to (4)

DOWN

- 1 Composer (5)
- 2 Code (6)
- 3 Oven (3)
- 4 Also known as (3)
- 5 Infected (6)
- 6 Spey (6)
- 8 French liqueur (9)
- 11 Following (4)
- 13 Finished (4)
- 14 Property (6)
- 15 Inter (6)
- 17 Mum or Dad (6)
- 19 Little devil (5)
- 22 Long fish (3)
- 23 Faint (3)

Answers on page 23



Film Club's 50th Film From Sue Hext

Our Film Club had a special celebration recently - unbelievably we have now shown our 50th film in May. Just a little bit of information for you.

Our first film was delayed for a few months due to Covid regulations; remember them? The first film we showed was Dream Horse in January 2022 to a full house.

The films are chosen by our committee, often because of suggestions from our members. The consensus is that people want to see a film that leaves them with a "feel good" moment and they can leave with a smile on their face. In spite of that we've also tried to show a few different films just to keep everyone happy.

Some we could probably have done without but generally we think we get it right! Our members have been loyal supporters and always encourage us. The bar (with its members' special prices) has proved very popular and many remark on what a great social occasion it is each month. We know everyone loves it when we serve food themed to our films. Pasties are a common feature but possibly the most popular were the Cheese and Wine Plates when we showed "A Good Year" set in the vineyards of France! We really felt we were experiencing all we saw on screen!

The Film Club started in Autumn 2021 when Sue Rowe asked if anyone was interested in joining her to set up a film club. Five of us have been there right from the start. We love what we do but recognise that the success of the film

club is down to its members. Thank you everyone for supporting us!

Mark Pope and Henry Rowe are our volunteers who are there most months helping on the bar or setting up. We are also grateful to our members who regularly help clear away at the end of each film. Here's to many more great times together. If you've never been you'd be welcome!



The Committee are (from left to right) Fern and Sue Hext, Linda Hazel, Mike and Maureen Parlett and Sue Rowe (Chair).

MEMBERSHIP: Polruan residents, local residents and visitors are all welcome!

Before you can view our films you will need to join the club as a member. You will then have 12 months of access to our films and any throughout Cornwall shown by C Fylm community film clubs.

BOOKINGS: by phone on 01726 870505 or through the website: www.polruanfilmclub.co.uk or email: bookings@polruanfilmclub.co.uk

Your first film is included in your membership fee. After that you just need a ticket for each screening you want to attend. Occasionally due to non-availability we may have to substitute a film at the last minute.

UNFORTUNATELY AT THE TIME OF GOING TO PRESS AND DUE TO RECENT STAFFING CHANGES AT C Fylm WE ARE UNABLE TO CONFIRM SPECIFIC FILMS FOR THE NEXT QUARTER.

However, we can confirm dates for our September, October and November film nights and these are as follows:

Saturday 26th September - **no film available - instead we're holding our AGM at 7pm followed by a PFC Social** and all members are welcome

Saturday 31st October

Saturday 28th November

All films are shown at 7pm in Polruan Village Hall and doors and the bar will open at 6:30pm

We've shown some great films so far this year and will continue to try and select ones which leave our guests walking away with a smile on their faces! We've been told on lots of occasions this is what everyone wants!

MEMBERSHIP RENEWALS If your membership has expired you can renew this online choosing that option from the drop-down box. This will include the ticket for your first film in this new membership year.

TICKETS: ANNUAL MEMBERSHIP INCLUDING ENTRANCE TO FIRST FILM

ADULTS: (age 26 plus) £8 - YOUTH: (18 - 25 yrs) £4

Subsequent film ticket prices: Adults £4 and Youth £2. There is no charge for suitable films for children.

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News from the Boatyard

From Jacquie Lewis

Summer finally arrived, and how lucky are we to be situated in such a beautiful part of the country? Whether you're out on the water or simply taking in the harbour views, it's certainly been a busy and enjoyable few months.

The boatyard has been bustling with activity, welcoming both new and returning customers from the commercial and leisure sectors. Some of our team have also been working off-site in Padstow Harbour on the dredger Sandsnipe, a hopper sand dredger operating on the River Camel estuary.

We were delighted to welcome the Appledore Lifeboat for a maintenance visit in June. July also saw the Fowey RNLI Atlantic 85, Spirit of Daisy visit us for routine maintenance ahead of her naming ceremony, and we look forward to welcoming Penlee Lifeboat in early August. It's always a pleasure to

support the RNLI and the vital work their crews do.

Many of you will have spotted Joy of Ladram in the yard or on the water. She has undergone an extensive refit, including the installation of a new bulbous bow to improve stability and a new shelter deck to enhance crew safety and comfort.

One of our many returning vessels was Mannin, a self-propelled grab hopper dredger owned by Waterdance. Maintenance work included replacing the steel fendering with rudder D fendering. As most of the work was concentrated at the stern, we hauled the vessel up the slipway backwards to maximise the available working time between tides.

As part of our ongoing upgrades in the boatyard, we have taken delivery of a third water filtration tank. This will be installed in the lower boatyard to serve the yacht storage area and is expected

to be in operation ready for the laying up season.

It's also been a pleasure to welcome three work experience students over the past few months. We hope they enjoyed getting a taste of life in a busy working boatyard!

News from the ferries:

The Polruan Ferry was once again proud to support Polruan Primary School by transporting pupils to Fowey for their water sports lessons. It was also wonderful to see the Waverley return this year, and Lady Di and Kaley were kept busy carrying passengers to and from Fowey throughout her visit.

The Bodinnick Ferry has once again worked alongside Peak Tours as part of their cycling holidays. Groups of up to 25 cyclists make the crossing on the car ferry as they tackle the journey from Land's End to John O'Groats, making the crossing an important part of this iconic route.



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Fowey RNLI

From Cathy Baillie

On Sunday 21st June Fowey lifeboat crew were preparing their Atlantic 85 to go out on exercise when a request came in from Falmouth Coastguard. They launched the lifeboat to assist the fishing vessel Bessie Vee who had reported that one of their passengers was unwell and was drifting in and out of consciousness. The vessel was reported to be 8 miles east of Mevagissey and was heading for the harbour. The Atlantic made best speed to the vessel's reported position and on arrival the lifeboat crew were advised that the casualty was conscious and comfortable. The lifeboat escorted the vessel into the harbour to await the arrival of the ambulance. The coastguard team were on hand and took charge of the casualty until the ambulance arrived to take the casualty to hospital.

In their second shout on 21st June Fowey volunteer crew were tasked by the Coastguard to launch to assist 3 teenagers possibly cut off by the tide between Landrion Point and Crinis Island. The crew launched their D Class lifeboat and made best speed to the location. They found no-one at that location so commenced a search, finding the 3 casualties on a beach safe and sound, so the lifeboat was then stood down.

On Tuesday 23rd June Falmouth Coastguard requested the launch of the lifeboat to assist a 73yr old man who was feeling unwell at Duporth Beach. St-Austell Coastguard were in attendance and administering first aid. It was not possible to get the casualty up the cliff, so the Coastguard requested that the lifeboat take him round to safety in Charlestown Harbour. The lifeboat arrived on scene and took the man to Charlestown where he was handed over to other members of the Coastguard team and his family.

On Friday 26th June, the Coastguard received a 999 call from crew on a 16ft Bow Rider that had reported engine trouble just off Carlyon Bay with three people on board. They had dropped the anchor but were concerned that it was not holding and they were drifting towards the rocks with the wind picking up. Fowey's crew launched their Atlantic 85 lifeboat and lifeboat mechanic, Oli

Luck, managed to get the casualty vessel. The lifeboat then escorted the casualty vessel back to Fowey and it then made its own way back to Golant.

On Sunday 28th June, Falmouth Coastguard tasked Fowey RNLI to launch to rescue a mother and her thirteen year old son who were cut off by the tide at Little Lantic beach. The pair had arrived at the beach with the father on a jet ski during the afternoon. Due to the sea swell and waves, they felt it was unsafe for all three to depart on the jet ski so the father left the mother and son on the beach and planned to moor up the jet ski and then rendezvous with them back at the car park above Lantic Bay. The high tide and waves made it impossible for the mother and son to get to the main beach. After three hours they were getting increasingly cold, so the mother called 999 and requested assistance from the Coastguard. Fowey's volunteer crew launched their D class inshore lifeboat. It was a tricky beach landing for the lifeboat crew, but they successfully achieved it and both casualties were taken onboard the lifeboat. Due to the surge and waves on the main beach, it was deemed unsafe to attempt a landing to drop them there, so the casualties were brought back to Polruan pontoon where they were reunited with the father.

On Saturday 4th July, the crew launched their Atlantic 85 after a report of two adults and one child in difficulty on paddle boards off Pentewan Beach. On arrival the crew found that there was one adult and one child and gave them a lift ashore in the lifeboat. When out paddleboarding always check the weather forecast and tide times, and avoid offshore winds as they will tire you very quickly when trying to get back to shore. Always wear a personal flotation device and carry a means of calling for help on your person.

On Monday 13th July Falmouth Coastguard received reports of a man cut off by the tide on Polmear Island between Charlestown and Duporth. Fowey crew launched their inshore lifeboat in a fresh Easterly wind of 17-21 knots to locate and assist the casualty. St Austell Coastguard were on standby at the top of the cliff with rope teams in case the lifeboat was unable to reach the casualty. In choppy seas the lifeboat approached the rocks and the crew

planned the best point of access. Helm Boris was able to get close enough to allow crew member Oli to jump from the lifeboat onto the rocks. The casualty was given a lifejacket to wear and both he and Oli then jumped off the rocks onto the lifeboat. The casualty was uninjured and was safely brought ashore to Charlestown harbour.

Huge thanks to The Cornish Mini Club for coming to the station to present us with a cheque for £2000. The money will go towards vital kit and equipment for our lifesaving volunteers.

Our boathouse is open to visitors. Come and have a close look at Fowey's D Class and Atlantic 85 lifeboats. Find out what it's like to be a crew member and find out about the lifeboats' latest shouts. Opening times: Monday, Wednesday & Saturday 11am – 3pm.



Keep up-to-date with all of our [shouts, news, events and activities on Facebook @FoweyLifeboat and @FoweyLifeboatCommittee](#)



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Fowey Harbour Commissioners

From Paul Thomas



What a sunny summer it has been! The prolonged spell of hot weather made for a busy season on and around the harbour, with residents and visitors alike making the most of the water.

At the time of writing, Fowey Royal Regatta Week is just around the corner, and the harbour is preparing for one of its busiest and most colourful weeks of the year. By the time this edition reaches readers, the sailing, watersports and shoreside entertainment will have taken place – but the harbour will remain busy as we move into autumn.

Regatta Week is always a highlight of the harbour calendar, bringing together the communities on both sides of the river and showcasing everything that makes the harbour such a special place. Harbour staff work closely with the organisers and other local organisations to support the varied programme of activities taking place on the water. Fowey Regatta will be followed over the August Bank Holiday weekend by Polruan's own much-loved Regatta celebrations. We hope everyone enjoyed both events and had an opportunity to join in.

A Busy Season for the Harbour Team

The Harbour team continues to be busy, both within Fowey Harbour and further afield. Our patrol crews have maintained their regular presence on the water throughout the summer, assisting harbour users and supporting the many events taking place around the estuary. Our tug crews have been busy in Fowey, Falmouth and Plymouth, with one crew recently completing a job in Dartmouth.

The harbour has also welcomed a wonderfully varied programme of cruise ships this year, with further visits scheduled during the autumn. These calls bring passengers directly into Fowey and Polruan, providing valuable support for shops, cafés, attractions and other local businesses. We are grateful to everyone who helps visitors discover and enjoy both sides of the harbour.

We have also had the pleasure this season of welcoming Fowey Artisan Market to Albert Quay during selected cruise visits. These Cruise Day Markets bring together local traders and have become an enjoyable addition to the harbour's visitor welcome – a vibrant sight for passengers arriving by cruise tender as well as those already ashore. The markets also help create a safer and more welcoming space at Albert Quay, allowing increased passenger numbers to be managed more effectively on busy cruise days.



As readers will be well aware, the hot and dry weather has placed considerable pressure on water supplies across Cornwall. In typical Regatta Week fashion, the sunshine has now given way to some light drizzle; nevertheless, at the time of writing, a hosepipe ban remains in force. This includes restrictions on using hosepipes and pressure washers to clean private leisure boats, although hosepipes may still be used to fill onboard tanks for drinking, cooking, washing and sanitation. We ask all harbour users to minimise water use wherever possible, ensure taps are turned off fully, and report any leaks from Harbour facilities.

Come and Meet the Harbour Team

For anyone interested in finding out more about our environmental work – or any of the other activities taking place around the harbour – our annual Fowey Harbour Open Day will be held on Tuesday 15th September, from 10am to 2pm.

Visitors will be able to meet the Harbour team and the Harbour Commissioners, learn more about how the harbour is managed and step aboard some of our working vessels at Albert Quay Pontoon. Whether you are interested in commercial shipping, leisure boating or the local environment – or simply curious about what happens behind the scenes – please come along, meet the team and ask questions. The event is free and everyone is welcome.

Finally, we would like to thank Polruan residents, businesses and harbour users for their continued support throughout the year. Further news and information can be found at www.foweyharbour.co.uk.

Seagrass in the Estuary

From Hannah Smith - FHC Environment Officer

While the harbour's summer activity is most visible above the water, some equally important work has been taking place beneath the surface.

The Fowey Estuary supports important seagrass habitat, including the

established subtidal meadow in Polruan Pool. Over the past year, Fowey Harbour has been supporting researchers with a series of snorkel surveys to assess the extent and condition of this meadow. Initial observations indicate that the seagrass looks healthy – and, in the words of the survey team, “very long”! We look forward to learning more once the final report has been received.

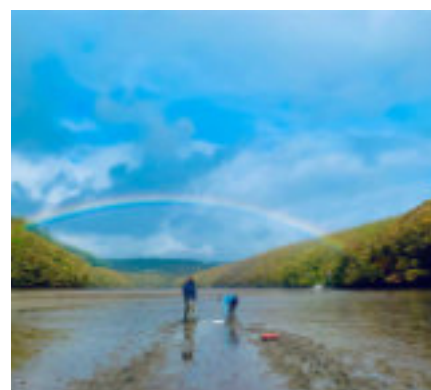
Seagrass is the only flowering plant able to live in seawater. It forms underwater meadows that provide food, shelter and nursery habitat for fish and other marine life. These meadows can also improve water quality, stabilise the seabed and capture and store carbon. The UK has lost a substantial proportion of its seagrass over the past century, making it particularly important both to protect the habitat that remains and to restore meadows that have been lost.

Alongside the surveys at Polruan Pool, intertidal seagrass has been planted elsewhere in the estuary as part of Cornwall Wildlife Trust's Seeding Change Together project.

During 2025, the project team and its volunteers collected seeds from healthy seagrass meadows around Torpoint. These were carefully stored and sorted before around 9,000 were planted at a specially selected Fowey restoration site, further upstream near St Winnow Point.

The planting method involved mixing the seeds with mud and injecting them into the riverbed at low tide – a suitably grubby job carried out using bodyboards! This allowed the seeds to remain in place over winter, with the aim of enabling them to germinate and begin to establish.

Seagrass restoration is a long-term process, and its success cannot be judged immediately. However, initial findings from the Fowey site are positive. The project also demonstrates the value of community involvement, with volunteers giving their time to collect, care for and plant the seeds. We look forward to sharing further updates as the project progresses.





NCI

From Ray Rigg

At the time of writing, at the end of July, NCI Polruan continues to keep watch along our coastline from atop St Saviour's Hill. The early summer has got off to a relatively quiet start this year, with only two minor incidents recorded, both safely resolved without casualties. The season is now ramping up with increasing leisure activity evident, no doubt enhanced by the hot weather. It looks like it's going to be a busy year.

The station has been suffering from a shortage of active watchkeepers which has made it difficult to man the lookout as much as we would wish, but we have recently gained a number of new volunteers who are now approaching the end of their training and will be joining the ranks as certified watchkeepers soon. Some of those recruits joined following an article in the last Parish Magazine! We always welcome new recruits and will provide full training for volunteers. If you think you might be interested, why not visit the Lookout at St Saviour's hill and have a look at what we do? Our watchkeepers will be happy to show you around.

Fund raising for the station operation is a perennial challenge, and so once again, this year the station will have held a traditional Pig Roast on Polruan Quay on the last Saturday of Regatta Week.

If watchkeeping in the Lookout is not for you but you would still like to support your local NCI station, we would welcome volunteers to assist with these fundraising events. Please let us know if you would like to help. You can call into the lookout for a chat or contact Grant Sharpe the station manager via <https://www.nci.org.uk/contact-us/>



Fowey River Lions

From Richard Cooper

The summer season is well underway now, and this is a busy time for the Fowey River Lions. Our team are out and about providing volunteers for some of the many events being held in our region. Starting with Par, we were to be found with our "throw the poo in the loo" game at the Grand fete. Dave, our winner, scored an impressive 4 poos out of 5 in seven seconds, then graciously

handed over his prize of family tickets for Circus Fantasia to our runner up, a junior competitor called Arthur who was just 2 seconds slower. Congratulations to both!



Earlier in the month we held our AGM and we thought you would be interested to hear some of our highlights for the year. Over the last twelve months Fowey River Lions:

Recorded 28 different activities over the course of the year including the maintenance of the Fowey Telephone Box book exchange, volunteers for Par Beach Clearance, the reintroduction of Santa's Sleigh and the Senior Citizens' Christmas lunch.

Distributed over £4,000 to local events and good causes. Just over 95% of all our grants are local, with around £200 going to good causes further afield.

We were honoured with the Spirit of Fowey award this year from Mayor Simms.

Continued to support larger charities such as Marie Curie, Devon and Cornwall Sending Love to Ukraine, Disability Sports and Spectacle recycling.

The International Lions are committed to the support of disability sports and we were pleased to be able to provide two volunteers for the Special Olympics Indoor Bowls event held recently in Plymouth.

We were also able to spend time together on a recent visit to Penmarlam Quay Café for an excellent team evening, with great food and good company. Thanks very much to the team there and the wonderful Fowey Water Taxi for taking us there and back.

Finally, we are in the middle of reviewing submissions for our 2026 Grant process and the winners will be contacted shortly. More news on this in forthcoming newsletters and on our Facebook page where you will also find details of upcoming events including our Race Night at the Par Inn on 26th September and our quiz night at The Safe Harbour in October.

The Lions will be seen volunteering at many local events over the course of the summer – look out for the team at an event near you.

We are always keen to hear from anyone interested in getting involved. Our Lions team is small and there is always so much more we would like to do if we had more members. Why not join us? It's not a huge commitment - a couple of hours a month – and it makes a massive difference to our community. Contact us for more information either via Facebook, by email at foweyriverlions@gmail.com or by phone on 0345 833 7484.



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Fowey Literary Festival From Delphine Barnes

We are thrilled that The du Maurier Fowey Literary Festival 2026 was a great success. From the first event on Friday 1 May, Sir Jeremy Hunt (one of many sold out events) to the last on the evening of Saturday 9 May, with hugely popular Fern Britton, we did not stop! It was wonderful to see the RFYC terrace buzzing with activity in the sunshine and we are thankful for them hosting our bookshop and box office again this year.

A total of 2688 of tickets were sold during the 9 days. Our vibrant village of volunteers are the true stars of the festival, showing up every day, early and late to greet visitors and tidy up, carry stuff and facilitate the venues.

This year we surveyed our attendees after the festival and a few interesting stats are worth sharing with you. Just under 90% of the attendees visited local cafes, restaurants, pubs and shops while they were in Fowey. The support we get from the local businesses means the world to us and we are happy that they in turn, benefit from the festival. 65% of attendees were non-Fowey residents with many staying in AirBnb's, hotels and holiday rentals during the 9-day festival.

The Secret Gardens hosted on 25 and 26 May welcomed an amazing 400 visitors. We are grateful for the most glorious weather we had over those two days and to the six residents who generously opened their gardens to the public this year.

In other news we are sad to be saying goodbye to Trustee and past Chair Lynn Gould. Lynn joined the festival in 1995 and has been the beating heart of the festival ever since. Many of you will know Lynn and how hard she has worked on the festival. We hope you will join us in thanking her for her enormous contribution and wish her a well-deserved retirement. Lynn will remain an honorary member of the team and continues to be an endless source of advice and information on all things Daphne related!

On Friday 9th July children's author Sarah Tagholm visited Fowey Primary School as part of our charity's School Outreach Programme. She came with her newest storybook "Where Are My Massive Flying Wings?" and spoke to 40 eager young pupils aged between 4 – 8 years old.

We are planning an Autumn literary event so keep your eyes peeled for

further details.

We have enlisted two new Trustees and encourage you to use our social media channels to learn more about them both. If you don't do so already you can follow us on Facebook @FoweyFestival and Instagram @FoweyLiterature

As of 1 October, we will also have a quarterly newsletter which you can sign up for via our website www.foweyfestival.com

Lanreath Parish Council Meetings May, June and July 2026

From Rebecca Warren

The Annual Meeting on 19th May 2026 established the Council's leadership and priorities for the year. David Heard was re-elected Chairman and John Gundry Vice-Chairman, with councillors appointed to key representative roles. Public participation included reassurance from police that no crimes had been reported during April, strong support for protecting the football pitch and green spaces, and concerns about unauthorised development and environmental issues. The Clerk reported progress on AI training, replacement of the Millennium Building defibrillator, highways matters, planning consultations, village infrastructure and insurance. The Council agreed to support Asset of Community Value applications for green spaces, approved routine finances including a £945 year-end surplus, and confirmed there was no conflict of interest for the external audit. Neighbourhood planning, emergency preparedness and public rights of way remained priorities.

The 16th June 2026 meeting focused on operational progress and community projects. Duncan Irvine was co-opted as a councillor. Members agreed to continue lobbying for an extension of the 20 mph speed limit on St Marnach's Road and reviewed Millennium Green, Grylls Park, village lighting, signage, campervan parking, the new defibrillator, website and email migration, and publication of a councillor vacancy. No objections were raised to a covered dung store application, while concerns continued over unauthorised building and environmental impacts near South Park. The Parish Emergency Plan progressed, revised Standing Orders and Financial Regulations were adopted, play area improvements were deferred to September, and routine financial matters were approved.

At the meeting on 21st July 2026 the Council noted that no crimes had been reported during June and accepted the resignation of Councillor Christiansen, with a further vacancy to be advertised.

John Gundry was appointed as the Council's representative to the Village Shop. The Clerk reported successful AI training, good progress with the external audit, launch of the new parish website from 1st August, introduction of councillor email accounts and WhatsApp communications, and approval of the document destruction schedule. Planning applications received no objection, subject to comments on access and visibility where appropriate. Councillors were concerned about possible pollution of a nearby watercourse by the unauthorized developer of a site in the Parish, agreed to report a significant water leak near Bocaddon, and continued work on the Emergency Plan, asset inspection and policy updates. Routine financial approvals were agreed, with future meetings to consider the playing field, Neighbourhood Priority Statement and agenda item timings.

<https://www.lanreathparishcouncil.co.uk> for full minutes, agendas, and meeting dates.

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Polruan Town Trust *From Beth Rigg - Chairwoman*

The Trustees welcomed new trustees, Shelley Dobson, Ian Windsor and Graham Morris to our meeting in June. They bring a wealth of knowledge to the trust, including IT, procedures and finance.

The maintenance of the Trust's assets continues, with grass cutting on the Hill and Bound, the removal of the roundabout in the playground and repairs to the Winkle Picker windows and store.

The CCTV installed in the Veverly car park is now working, after long and involved dealings with BT.

The Trust has received grant money from Cornwall Council for the refurbishment of the Winkle Picker flat and hopefully, when all the legal documentation is complete, work can start later this year. Alongside this work will start the refurbishment of the toilets on the Quay. This work is scheduled for late September.

The Trust is working with FRP and the SOS group towards plans to reorganise the existing surgery to bring it up to current NHS standards.

Should you require any information on Trust activities please contact clerk@polruantowntrust.org

Great news for our community! *From SOS Campaign Working Group*



We're delighted to share that Fowey River Practice (FRP) has confirmed they will NOT be applying to close the surgery, and have committed to continuing doctor and nurse services for at least the next 10 years. They even spoke about having no plans to change this in their lifetimes! Patients will now also be able to book Polruan appointments online.

A huge thank you to everyone who supported the Save Our Surgery (SOS) campaign to protect such a vital service in our village. Every letter written, survey completed, and meeting attended played an important part in helping to secure this outcome. Your collective voice truly made a difference. We would also like to extend our thanks to FRP, the practice partners, and all

staff for working constructively with the community throughout their engagement process and for listening to the feedback provided.

While this is excellent news, it remains likely that dispensing services may end. This aspect is now being driven by NHS England as part of a wider review. As discussed at our recent Village Hall meeting, there appears to be a strong alternative through Boots, and FRP is currently in discussions with them. Anyone affected by any proposed changes will be contacted directly by FRP with suitable options.

Looking ahead, the SOS group will continue working with FRP and Polruan Town Trust to explore the feasibility and cost of operating from a refurbished surgery on the Quay, alongside other options, to ensure the best and most cost-effective solution for the community. In addition, FRP has agreed to meet with the SOS group to discuss opportunities for expanding services further.

Thank you again to everyone involved - this is a fantastic result for our village.



YOUR IDEAS WANTED: **A NEW OPPORTUNITY FOR POLRUAN**

**Polruan Town Trust has been bequeathed a building with a garage opening onto the quay.
We want it to work for Polruan - and we're inviting local people to come forward
with ideas for its use, along with a simple business plan.**

**We're not suggesting what it should be - we want to hear what you can imagine.
The space is intended for active use serving the community; it isn't just for storage.**

**Whoever puts forward the strongest plan will run their business from the space,
paying rent to the Trust - helping fund the Trust's work in the village for years to come.**

INTERESTED? Email your ideas and business plan to clerk@polruantowntrust.org by 1st October 2026.

Shaped for Polruan, by Polruan.

POLRUAN
Town Trust

Lanteglos by Fowey PC

From Gini Ainsley - Chair

Our Chair Rob Rooney retired from his role at the May PC AGM. Members thanked him for his hard work and dedication over the past five years on the Parish Council. Rob's critical thinking and the valued contribution that he brought from his experience working for local government will be greatly missed. Cllr. Gini Ainsley was elected as the new chair.



Rob, with members of the PC, enjoying a well-earned lie down at the start of his retirement

The PC has been working with the police to resolve the recent spate of antisocial behaviour in the Quay and beach area of Polruan. 'Antisocial' is defined as: 'behaviour by a person which causes, or is likely to cause, harassment, alarm or distress to persons not of the same family'. Please call 999 or 101 if you see, or are disturbed by, any antisocial behaviour. There is also an online reporting tool on the Devon and Cornwall website.

During the Autumn we will be starting consultations with our residents to develop a Neighbourhood Priorities Statement setting out what's important to our parish in the longer term. In the meantime, we launched a short survey on dog control to enable the PC to provide evidence to Cornwall Council on what control measures are needed in Polruan to enable better enforcement. Thanks to all who completed the survey.

Working with the PTT the PC has also set up a 'Revitalise Polruan Group' which is currently focusing on short term wins that could make Polruan into a more attractive destination to visit. We need more volunteers to provide input to the group and provide some social media and other content. Please contact us if you know anyone who is passionate about creating social content, graphic design or the history of our village. This could be several individuals perhaps studying media/art or marketing at one of our schools or colleges. We have an experienced social media expert in the team who can provide mentoring and direction.

An 'outline' planning application

(PA26/04397) for development of a portion of the Polruan campsite offering 20 houses (12 market rate and 8 affordable) was submitted in July. This is a complex situation with potential benefits and disadvantages for Polruan. Our Neighbourhood Development Statement is clear that new building in the parish should be primarily for affordable housing, and the PC has been looking into possible sites. Despite having a 'Local Lettings Plan' this is not enabling enough social/affordable housing for those with a local connection, particularly as current social housing stock is in poor condition, and Cornwall Council will not guarantee renovation. So, building more and better-quality housing needs to be considered. At this stage the PC has agreed to 'support' the outline application in principle on condition that concerns identified by the PC are addressed as part of the full application process – this includes providing a higher proportion of affordable housing. For a full summary of discussions see PC Minutes 28th July and the PC's consultation statement to Cornwall Planning.

Lanteglos Parish Council Planning applications approved by CC

PA26/01223 20 St Saviours Hill Polruan Fowey Cornwall PL23 1PR
Replacement of roof including increase in height to create loft rooms along with conversion of garage APPROVED

PA26/01453 Kingfisher House Greenbank Polruan Fowey Cornwall PL23 1QP
Replacement balcony and side entrance balustrade APPROVED

PA25/08912 Ferry Climb Townsend Polruan Fowey Cornwall PL23 1QH
Proposed alterations to roof to form gable ends and increase ridge to match the heights part of the existing roof with variation of conditions 1 and 2 of decision notice PA23/07168 dated 30.11.2025. APPROVED

PA26/02867 Trewarthenick Old Road Bodinnick Fowey Cornwall PL23 1LX.
Proposed alterations to off road parking arrangements WITHDRAWN

PA25/07645 15 Ocean View Polruan Fowey Cornwall PL23 1QJ
Proposed extension to form first floor level over part of existing ground floor, conversion of garage to form annexe accommodation with proposed link to dwelling, closing up of existing driveway and formation of new access and parking area REFUSED

Domestic Abuse Days of Action

From Noel Molland

Domestic abuse destroys lives. However, if you are experiencing abuse you are not alone. Reach out. You will be believed. You will be helped.

Between the 25th of November to the 10th of December 2026 is the annual "16 Days of Action Against Domestic Violence". It starts on the "International Day for the Elimination of Violence against Women" and concludes on "Human Rights Day".

The Days of Action are designed to raise awareness of the issue of domestic abuse, the impact on people's lives and the importance of supporting survivors. It's about educating people and advocating for change.

For more information about the Days of Action please visit:

<https://safercornwall.co.uk/16-days-of-action/>

<http://trurodiocese.org.uk/2025/11/16-days-action/>

If you, or someone you know, is experiencing abuse and it is safe to do so, call Cornwall Council on 0300 1234 161 (selecting option 2). The Housing Options team can find you safer accommodation away from the perpetrator. You will also be assigned a specialist Casework Officer - you don't need to have reported the abuse to the police. They will help. This is a 24-hour telephone line.

Or you can call Safer Futures on 01208 22 99 22. Their lines are open 9.00 to 19.00 Monday to Friday and 10.00 to 13.00 at the weekend.

Also, every Church of England parish has a Parish Safeguarding Officer. The roles were formally established in 2015, in part due to safeguarding risks that were highlighted within the Church itself. Although a Church initiative, you don't need to be an active member of the church to receive our support. You don't even need to be a Christian. If you're at risk, or you know someone who you are concerned about, reach out. We will help. We can't promise to keep secrets. We have to let others know. But we can signpost you to appropriate support and we can support you along the way.

You are not alone. You will be believed.

Lansallos News

From John Feesey



At Lansallos Church, as in other places across our County, the Cornish National Anthem is regularly sung. You may have wondered about the title and words, with the refrain "And shall Trelawny live and shall Trelawny die, here's twenty thousand Cornishmen will know the reason why" and perhaps wanted to know more about how it became adopted as the Cornish national anthem. Here's a bit of the background, largely gleaned from Wikipedia.

Jonathan Trelawny was born in 1650 at Trelawne in the parish of Pelynt, the eldest surviving son of Sir Jonathan Trelawny and Mary Seymour, daughter of Sir Edward Seymour. A distinguished Oxford University scholar, he was ordained in 1673 and appointed rector of two Cornish parishes, South Hill and St. Ives, becoming Bishop of Bristol in 1685. A staunch believer in our monarchy, he was a supporter of the Royalist cause during the English civil war. It was an age of religious intolerance, when Protestant England feared the might of her Roman Catholic

neighbours. Catholic King James II reversed the pragmatic policy of his predecessor, Charles II, by appointing Catholics to high office. In 1687, James challenged the authority of the Church of England by signing a "Declaration of Indulgence" towards Catholics. The next year he instituted a second Declaration, granting religious tolerance to Catholics, and directed that it be read out in every church.

Seven bishops, including Trelawny, presented the king with a petition against the Declaration. The bishops said that, whilst they were loyal to King James II, their consciences could not agree to allowing freedom of worship to Catholics, even if it were to result in the bishops' imprisonment. Arrested and transported to the Tower of London by barge along the River Thames, spectators waded out to receive the bishops' blessing, warders knelt as the bishops landed and Tower guards drank a toast to their health. Across Cornwall news of the arrest was met with anger. "And shall Trelawny die?" asked the Cornish. But there were no twenty thousand men to march on London and secure the bishops' release, as in the anthem. The Cornish had given so much to the Royalist cause during the Civil war, Cornish regiments winning many famous battles and capturing Dorchester, Weymouth, Portland, Bideford, Barnstaple, Exeter and

Dartmouth almost single-handedly. (Feats later to be emulated on the rugby pitch!). But their numbers were severely depleted and the survivors were exhausted.

On 30th June 1688, the seven bishops were arraigned before the King's Bench (the highest common-law court in England at the time) and charged with seditious libel – only to be acquitted! The news caused scenes of great joy in Bristol across the county. Pelynt's church bells were rung and the mayor had the town's two cannon fired in celebration. In 1689, after the accession of the Protestant William of Orange to the British throne, Trelawny was rewarded by being appointed Bishop of Exeter. He was further rewarded by being appointed Bishop of Winchester in 1707. He died in 1721, in Chelsea, Middlesex, his body being taken back to Pelynt for burial.

A Date for your Diary - Lansallos Church will celebrate Harvest Home at 6.30pm on Sunday, 27th September with the delightful, unaccompanied singing of the ladies of the Looe "Just Voices" choir, followed by a (free) harvest supper. Do come and join us, there's plenty of parking in the nearby NT car park.

**Nadelik looan na looen blethen noweth! –
Have happy holidays!**

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Community Bus Timetable

September

St Austell 2nd
 Whitecross 5th
 Trago/Bodmin 9th
 St Austell 16th
 Truro 23rd

October

Whitecross 3rd
 St Austell 7th
 Trago/Bodmin 14th
 St Austell 21st
 Truro 28th

November

St Austell 4th
 Whitecross 7th
 Trago/Bodmin 11th
 St Austell 18th
 Truro 25th

Lanteglos Community Bus

From Beth Rigg

The Lanteglos Community needs more drivers!

Having lost Fern last year, our lead driver Gary has to retire at the end of this year. Again, because of insurance related age restrictions this leaves the LCBA with only two drivers, Mathew and hopefully, later this year, Claire.

The bus operates weekly shopping trips, on a Wednesday, to either St Austell x 2, Trago/Bodmin x 1 and one trip to Truro. These trips are vital to those residents with access to no other transport to go shopping, meet with friends or family or just enjoy the companionship of other bus users. The Community Bus is also used for community trips to Fowey or Par Surgery for flu/Covid vaccinations.

It is essential to keep this service running, as it is part funded by a Cornwall Community Bus Grant.

The St Austell and Bodmin trips are no longer than 3/4 hours, the Truro trip is longer because of journey time.

If you feel you can give your time on a Wednesday, hold a clean driving license and are under 70, please help keep this vital service going. Full training will be given.

Anyone interested should initially contact either

Gary 07926 126457 or 01726 870826

or

Beth on 07985783776.

Higher Windmill Allotments

From Brian Cook

What a year! Earlier we were complaining about the wet cold weather that delayed preparation of the ground and seed sowing in the Spring. For the last couple of months we have been coping with the prolonged dry spell and exceptionally high temperatures. Soil in Polruan is stony and free draining. This has caused the need for daily watering of crops or facing their loss. Most of us have been able to get up to the allotment frequently and saved our produce. We are certainly looking forward to the end of the heatwave when life returns to normality.

One vegetable that has done well this year is the courgette. Most allotment gardeners in Polruan have had bumper courgette crops with surpluses to distribute around the village. Good crops of onions have resulted from the hot weather, again provided they were watered. Potatoes and brassicas have struggled. Yes, we have had potatoes, but they haven't been large. Crops of beans haven't been bad but runners are not bountiful and despite watering, are pale and smaller than usual. The hot weather suits sweetcorn and tomatoes and some of our allotmenters are expecting decent crops.

We can't be certain of this, but there is the perception that there haven't been the bees around this year to pollinate crops. Maybe they don't thrive in the heat! Fruit crops have been light, but there have been gooseberries and raspberries. The strawberries ripened early in the hot weather and did well, as did rhubarb. Those who grow apples and pears on their plots are expecting poor crops because of windy chill weather when the trees were in blossom in the Spring. Flower growers have benefited from the hot weather.

Through this season there has not been the amount of grass cutting that we normally expect. In fact it currently looks parched and dead so the rota for this hasn't been too taxing! Shortly we will be having our Autumn site clearance tidy up. We will soon be rolling up our sleeves and getting on with preparing the ground for winter and next year. One of the benefits of the dry weather is reduced weed growth, so there are much fewer of these to keep clear. We must look forward to next year. A few crops have to be sowed to stand through the winter.

The allotment year ends shortly and we sign up for the next one. If you are interested in joining us, speak to Lis our Secretary or Chairman Graham who will be happy to show you around.

Solar Eclipse

People across Cornwall got their best view of a solar eclipse in nearly three decades when up to 95% of the sun disappeared behind the moon.

The rare celestial event was the most dramatic eclipse visible from the UK since 1999, with Cornwall being predicted as being one of the best places to see the event. Obviously being the "Sunnyside", Polruan had a great view with cloudless skies. It was good to see clusters of people in key (quay) vantage points throughout the village and that everyone was cautious about looking directly at the sun. Even a simple hole in a piece of card held over a sheet of paper gave a clear image of the sun being obscured.

The gradual darkening of the sun between 18.16 and 19.20 made it seem as if sunset had come early. I'm sure the odd parent used the excuse of it is getting dark to try and get young ones to bed early. You would have to have been quick, as it got brighter as the evening wore on and the unique event ended.

Well, not quite. Once dark it was possible to see the Perseid meteor shower. This had been visible for a few weeks peaking at 100 shooting stars per hour. Although, on the night of the eclipse it was around 50. All in all, an extraordinary day and night for watching the sky.



Taking photos directly of the sun on a conventional camera can cause damage, but somehow the camera used to take this view of the 95% eclipse escaped unscathed!

Polruan Sports & Social Club

From Henry Rowe

A very warm welcome back to all our members after a well-earned summer break.

Short Mat Bowls will resume its winter sessions of Mondays and Fridays 14.30 to 17.00. Table Tennis will continue with their regular weekly sessions on Wednesdays 18.30 to 20.30.

The summer break has also allowed me to get fully up to date with the analysis of the results for our regular doubles and singles competitions. The figures to date make for interesting reading with quite a few players well positioned for the top slots. So as below, the detailed scrutiny of the results of each end's play must continue!



Thanks to the generosity of Terry Liston's donation of a large cup, we will be holding a singles knockout competition involving two full sessions; either over two separate days or on one day with an afternoon and evening session. We will resolve this as soon as we get started again and will ask players to register in advance for the event so that the matches can be scheduled beforehand. Non-members will be welcome to come along to support the players, with refreshments provided during the latter stages of the competition.

If you are interested in getting involved with the bowls or the table tennis, please just drop in and see if this something for you or alternatively contact Henry Rowe on 07887 824 837 or email hjdrowe@gmail.com.

Office for Product Safety & Standards



Planning to use fireworks?

Let your neighbours know in advance
Some animals find fireworks distressing



The Lugger Inn *From Tom & Kay*

We are Tom and Kay, alongside our team, we have taken over the tenancy of the historic Lugger Inn and are incredibly excited to get to know you all.

We recently returned from working in a speciality fish restaurant in outback Australia and moved straight down to Cornwall from our home in Hampshire to reopen the pub after its partial closure, and want to thank you all for your warm welcome.

As the Lugger is back to being a family business, we want to make it a warm, inviting place for both the locals within the parish as well as the tourists who visit this beautiful place throughout the year.

Having worked in hospitality for the last 15 years, running both independents and pubs for Fuller, Smith & Turner, we felt it was time to take on our own pub, and we couldn't be happier that it was in the amazing village of Polruan.

We have lots of plans for your beloved village Pub, including folk music, speciality food evenings and a return to the much enjoyed locals set menu nights. We will also be offering a locals' discount card to those who live within the parish, entitling you to 10% off food and drink.

In the meantime, follow us on social media to keep up with what's going on, or keep an eye on our boards outside the pub.

We look forward to getting to know all of you!



Quay Arts Hub *From Louise Kidd*

The Quay Arts Hub continues to establish itself as a lively and positive part of the village and we are delighted that more and more people are getting involved. It has been running a wide range of successful workshops over the last few months, which have been attended by both locals and visitors. These have included Geli plate printing, various painting in acrylics and community shadow painting and different types of collage. All classes are suitable for beginners and it's been great fun creating together in a group.

Workshops will continue in the autumn with two planned for September as well as two sessions for Members/Art Group.

The Hub also offers activities in other forms of creative arts. Games Nights, Shadow Painting and Poetry have been very popular and are all open to Members and Visitors. We are hoping to establish a Photography Group and are also looking forward to the planned Christmas workshops for Wreath Making and Needle Felted decorations.

We offer a small selection of art materials including pencils, sketch books, paints and brushes. There is also a good range of greetings cards and local art. Any profit made from sales goes to supporting our community initiative - so please do pop in.

The Hub Team have also been pleased to turn the old phone box into a Book Swap for everyone in the community to make use of, so we hope this will be well supported.

Over the last couple of months there have been lots of visitors coming in and giving us lovely feedback. New members are always welcome and we hope to expand the number of workshops, classes and groups as we grow.

We are always open to suggestions and ideas for events and activities that members or guests might like to run, so do get in touch. We also welcome any offers of help.

Details of our activities can be found on our website www.quayartshub.co.uk, social media and in the window of the Hub, so do let us know if you are interested in joining us.



Pilot at Fowey *From Betty Thompson*

Wildish gardens sloping seawards,
a flight of precipitous steps to the yacht club.
Along a narrow pavement I set my sights on the portholed wall,
look away from the towering pastel villas on my right,
pause at every aperture to scan the estuary for sailboats,
gaze over to Polruan headland where once I watched a pilot
boat
escort a giant vessel through the blockhouse-guarded harbour
mouth,
saw the pilot climb down its ladder to regain his boat and
salute
the departing ship as it sailed on its plotted course
away from shelter and his care out into the open sea.

Diary Dates All information is correct at the time of going to press — please check notices for changes		
September	October	November
Tuesday 1st 14.00 Looe & District Flower Club, Rose Joynes demonstrating flower arrangements, Pelynt Village Hall	Friday 2nd 18.00 Polruan Village Hall AGM	Sunday 1st 16.00 Sing a New Song, WI Hall
Saturday 5th 10.00 - 12.30 Whitecross Local Produce Market	Saturday 3rd 10.00 - 12.30 Whitecross Local Produce Market	Saturday 1st 10.00 - 12.30 Whitecross Local Produce Market
Monday 7th 09.30 - 12.30 Crafty Roosters Polruan WI Hall	Sunday 4th 16.00 Sing a New Song, WI Hall	Tuesday 3rd Looe & District Flower Club AGM and tea party, Pelynt Village Hall
Tuesday 8th 10.00 - 12.00 Coffee, Cake and Catch Up coffee morning Polruan Village Hall	Tuesday 6th 14.00 Looe & District Flower Club, in-house flower arrangement demonstration, Pelynt Village Hall	Tuesday 3rd 09.30-12.00 Children's Hospice Book and Xmas Card sale, Reading Room
Wednesday 9th 19.00 Polruan Sunnysiders WI Meeting WI Hall, speaker Martin Quinn - Women's Rights under Threat?	Tuesday 6th 09.30 - 12.00 Children's Hospice Book and Xmas Card Sale, Reading Room	Saturday 7th 10.00 - 12.30 Whitecross Local Produce Market
Sunday 13th 16.00 Sing a New Song, WI Hall	Monday 12th 09.30 - 12.30 Crafty Roosters Polruan WI Hall	Monday 9th 09.30 - 12.30 Crafty Roosters Polruan WI Hall
Tuesday 15th 10.00 - 14.00 Fowey Harbour Open Day	Tuesday 13th 10.00 - 12.00 Coffee, Cake and Catch Up coffee morning Polruan Village Hall	Tuesday 10th 10.00 - 12.00 Coffee, Cake and Catch Up coffee morning Polruan Village Hall
Tuesday 22nd 11.00 - 13.00 Coffee, Cake and Catch Up lunch Polruan Village Hall	Wednesday 14th 19.00 Polruan Sunnysiders WI Meeting WI Hall, speaker Ruth Saberton, author	Wednesday 11th 19.00 Polruan Sunnysiders WI Meeting WI Hall, Xmas crafts with Lorraine Dean
Thursday 24th 09.30 - 12.30 Crafty Roosters Polruan WI Hall	Thursday 22nd 19.00 Mr Burton, Lerryn Film Club	Sunday 15th 11.00 Cafe Church, WI Hall
Thursday 24th 19.00 Hamnet at Lerryn Film Club	22nd - 26th Autumn Exhibition at St John's Bodinnick	Tuesday 24th 11.00 - 13.00 Coffee, Cake and Catch Up lunch Polruan Village Hall
Saturday 26th River Lions Race Night, Par Inn	Friday 23rd 18.00-19.30 Kids Klub Autumn Extravaganza, Polruan Village Hall	Thursday 26th 09.30 - 12.30 Crafty Roosters Polruan WI Hall
Saturday 26th 19.00 Polruan Film Club AGM followed by Skittles	Sunday 25th 11.00 Cafe Church, WI Hall	Thursday 26th 19.00, The Roses, Lerryn Film Club
Sunday 27th 11.00 Cafe Church, WI Hall	Tuesday 27th 11.00 - 13.00 Coffee, Cake and Catch Up lunch Polruan Village Hall	Friday 27th 18.00-19.30 Kids Klub Family Christmas Crafts, Polruan Village Hall
Sunday 27th 18.30 Harvest Home, Lansallos Church	Thursday 29th 09.30 - 12.30 Crafty Roosters Polruan WI Hall	Saturday 28th 19.00 Polruan Film Club Village Hall
	Saturday 25th 19.00 Polruan Film Club Village Hall	
	Saturday 31st Regatta Halloween party, WI Hall	
Also: Short mat bowls Mondays and Fridays 14.20 - 17.00 Polruan Village Hall Table Tennis Wednesdays 18.30 - 20.30 Polruan Village Hall Exercise Class Tuesdays 14.00-15.00 and Fridays 11.00-12.00 Polruan WI Hall		



St Saviour Church New Home *From Kathryn Hill*

We are in a time of change in the whole of the Benefice with Rev Richard having left and the St Saviour Church building having been sold. We will miss Richard and Harriet, especially Richard's enthusiasm and energy in all aspects of his ministry but perhaps mostly his services in barns, on village greens and by and on the water. He will definitely be a hard act to follow.

After a long time of nothing much happening, it was suddenly "all systems go" when, in early June, an acceptable offer for St Saviour was received with the planned date for exchange and completion being 10th July! A lot of people worked very hard to not only completely clear the building in time but to organise the very successful celebration of all that the St Saviour Church building has meant to the people of Polruan over 135 years. It was very heart-warming that so many village organisations and businesses provided flower arrangements for the "Flower Festival and History Exhibition", especially with such short notice – thank you all so much! It was lovely too that so many found time to visit and enjoy this event.

We were equally delighted that so many accepted our invitation to the closing service and pasty and cake lunch. Despite the inevitable sadness it was a happy and enjoyable time and a fitting final service.

Another enormous debt of gratitude goes to Polruan Fire Brigade for taking down the heavy Rood for us. This was another lovely example of community spirit in action in Polruan which makes it such a lovely place to live.



The buyers of St Saviour are a family who plan to convert it into a family home and eventually live here although they expect it to take them 2 or 3 years to accomplish this.

The St Saviour Church building is now closed for worship but St Saviour Church (the worshipping community) lives on. Our first Café Church service in the WI hall on 25th July attracted a mixture of regulars and visitors with an age range of over 90 years – an excellent start! As Rev Richard said in the final service, we are just moving next door! We are very grateful to Polruan Sunnysiders WI. Not only are we using their building for our regular services of Café Church and Sing A New Song, but we have the use of part of their stage for our photocopier and other necessary equipment.

Meanwhile thanks to local retired Clergy, visiting Clergy, local Lay Ministers [Readers] and Worship Leaders, services continue in St Wyllow (Lanteglos Parish Church) and the other Parish Churches in the Benefice.



Memories of St Saviour's From Liz Luck

To mark the closing of St Saviour's Church, readers might enjoy this extract from Father Bernard Walke's much-loved memoir 'Twenty Years at St Hilary'. In the opening chapter, he recalls his happy eight years from 1904 as a young curate living in Polruan with his wife, the artist Annie Walke:

"For myself, there was the new Church of St Saviour on the hill, where I said my daily Mass, and a thousand or more people to whom I could minister, and who, if they did not come often to the church, were always willing to stand on the quay, sing hymns and listen to my preaching...."

No account of our life there would be complete without the history of the cat to whom we gave the name 'Little Soul'. [She] wandered down as a kitten from the farm-place where her mother lived in a half-wild state and attended my Mass at the church on the hill for three mornings in succession. As no one claimed her I picked her up and took her home. After a time she took to accompanying me each morning, with those short runs and stops which a cat adopts in going for a walk, to the church where I first discovered her. Sitting on the step, she would gravely me-ow when I turned to say 'Dominus tecum' and go before me to the vestry when Mass was ended. Later she took to coming to the Sunday evening service, walking sedately before me to the pulpit where, from the bookrest, she looked down on the people.

One Sunday evening a Miss Mahon, an old lady of Polruan, was sitting in the front pew. The glistening sequins that decorated her mantle proved an irresistible attraction to Little Soul that evening, for, springing from her place in the pulpit, she landed in the lap of the old lady. The following day I received a letter from the Vicar enumerating my many extravagances, concluding with the monstrous behaviour of my cat on the previous night. One phrase remains in my memory — 'Your performing cat has made religion stink in the nostrils of the best people in Polruan.'



Come along and join us for
'Sing-A-New-Song'
Enjoy a sing-along of songs & hymns old & new
All singing abilities welcome!
13th Sept; 4th Oct; 1st Nov;
@Polruan W.I Hall 4 p.m.
-WITH A CUPPA, CAKES & BISCUITS-
Contact: Angie Mafford 07967 581828

News From Nigeria From Kathryn Hill

It has been a real joy to have the Rev Daniel Gula and his wife, Kathleen staying with me. I first met them in July 1977 which is 49 years ago! I asked Kathleen to write the "News from Nigeria" for this edition so here it is:



"On Sunday 19th July we spoke at St Willow Church and shared about the problems caused by the terrorists who enter villages and towns, grab the land, kill people and kidnap many. The statistics for May are 129 violent attacks, 602 deaths, 175 kidnapped and 80 seriously injured; these are mainly Christians but many Moslems are also being killed by the terrorists.

Of the 36 states in Nigeria, 23 have been affected. Many young people in school have been kidnapped but, thankfully, some have been released. The soldiers and police are trying but it is not easy as they are outnumbered when 50 or more terrorists ride in on motor bikes and attack and then ride off before the soldiers arrive.

Recently there were 416 people captured by Boko Haram from Daniel's home village of Ngoshe but they have all been released for which we praise God. In spite of persecution the churches are growing and Moslems are coming to know the Lord.

Many of our people from the North East of Nigeria who, like us had to flee from Boko Haram in 2013 are with us on the Plateau. They include 104 young people at various stages of their education being sponsored and we are grateful that some of you are wanting to help as we could do with a lot more sponsors.

Nenchin, the blind student who initially didn't have the right grades to enter UniJos to do a law degree, has now been admitted into a Remedial Course* at the University. If he succeeds in this he should then be able to go on to study Law. Please pray for him and for the Jos area where we live as there have been many threats and many attacks.

Thanks to the folk at church for a warm welcome, and to Kathryn for hospitality and Cornish Cream Teas and Cornish pasties."

I had planned an Afternoon Tea and Table Top Sale while Daniel & Kathleen were here to raise money for their work with the IDPs [Internally Displaced People] but it didn't work out so I hope to do this in the autumn – please watch out for posters and social media posts.

*P.S. Many of you will remember Emmanuel getting admission to the Remedial Science course at UniJos and then progressing to achieve a B.Sc. in Maths – the first blind Nigerian to gain a B.Sc. I pray that Nenchin will achieve similar success. Meanwhile Saminu continues to do well in his studies at BSS Gindiri.

Stay in touch
anywhere around the globe

The Parish News is available
online at

<https://polruanparishnews.>



- FOOD & CASH DONATIONS -
CRUMPETS TOO 8am - 12pm

- DOORSTEP COLLECTIONS -
*by phone request



CALL ANGIE ON 01726 870747



**Every 4th Sunday
of the month except
November
when it's on the 15th.**

**Polruan W.I.Hall
at 11 am**

You are very welcome to join us for
an informal, all - age service

Church Diary for the Benefice of Trelawny

A variety of service styles can be found in the seven churches of Trelawny Benefice.

Everyone is welcome, and all our services and teaching are based on the Bible.

There is usually tea, coffee and biscuits afterwards, with time to chat.

Please come along and discover what kind of service you like best.

Lansallos (St Ildierna): all services follow the ancient and beautiful words of the 1662 Book of Common Prayer, apart from a monthly contemporary service.

Lanreath (St Manarch): evangelical services, with some led by the Lanreath

Music Group (musical instruments and choir).

Pelynt (St Nun): traditional village church Holy Communion or Service of the Word, in contemporary language. Plus a monthly contemporary service, sometimes outdoors.

Talland (St Tallanus): traditional village church Holy Communion or Holy Communion-by-extension services, in contemporary language.

Lanteglos-by-Fowey parish has three churches:

Parish church of St Wyllow: traditional services with organist and Lanteglos Choir. Holy Communion in contemporary language, and occasional Evensong with the 1662 Book of Common Prayer.

Polruan (St Saviour) now meeting in the WI Hall: two informal services a month - Café Church with round tables, prayers, singing, Bible readings and a chance to talk and the very informal Sing A New Song when we sing hymns and songs old and new, pray and chat.

Bodinnick (St John): community services mainly based around major Christian festivals and usually with wine and nibbles.

Outdoor services: held in the open air on village greens, farms and quaysides – they are family-friendly and great fun. "Church on the Quay" in Polruan runs on some weekends in July and August. Other services dotted around the Benefice include Plough Sunday, Rogation, Harvest, Tractors, Pets, Equestrian and Lambing.

Trelawny Benefice Services

			Sept	Oct	Nov
St Marnarch's	Holy Communion Service	9.30	6th	4th	1st
St Wyllow	Holy Communion Service	11.00	6th	4th	1st
St Nun	At Methodist Chapel	11.00	6th	4th	1st
St Tallan	Holy Communion Service	11.00	6th		
S Ildierna	Holy Communion Service	18.30	6th	4th	
St Tallan	Harvest Festival	11.00		4th	
Polruan WI Hall	Sing a New Song	16.00			1st
St Ildierna	Service of Remembrance	18.30			1st
St Tallan	Evensong - Saint's & Soul Day	19.00			1st
St Marnarch's	Service of the Word	9.30	13th		
St Nun	United Village Service	11.00	13th		
St Wyllow	Harvest morning Prayer	11.00	13th		
Polruan WI Hall	Sing a New Song	16.00	13th		
St Ildierna	Evensong	18.30	13th	11th	8th
St Marnarch's	Harvest Festival Service	9.30		11th	
St Nun	Harvest Festival Service	11.00		11th	
St Wyllow	Holy Communion Service	11.00		11th	
St Tallan	Remembrance Polperro Methodist	10.45			8th
St Nun	Remembrance Service	10.45			8th
St Marnarch's	At Pelynt				8th
St Wyllow	Remembrance Service	10.45			8th
St John Bodinnick	Harvest Evensong	18.00		11th	
St Marnarch's	Service of the Word	9.30	20th	18th	15th
St Nun	At Methodist Chapel	11.00	20th	18th	15th
St Wyllow	Patronal Service	11.00	20th		
St Ildierna	Evensong	18.30	20th		
St Wyllow	Morning Prayer	11.00		18th	
St Ildierna	Harvest of the Sea	18.30		18th	
St Ildierna	Holy Communion Service	18.30			15th
Polruan WI Hall	Cafe Church	11.00			15th
St Marnarch's	Service of the Word	9.30	27th	25th	22nd
St Nun	Holy Communion Service	11.00	27th	25th	22nd
Polruan WI Hall	Café Church	11.00	27th	25th	
St Ildierna	Harvest Festival	18.30	27th		
St Ildierna	Evensong	18.30		25th	22nd
St Wyllow	Holy Communion Service	11.00			22nd
St Marnarch's	Advent Carol Service	9.30			29th
St Ildierna	At Methodist Chapel	9.45			29th
St Tallan	At Methodist Chapel	9.45			29th
St Nun	Holy Communion Service	11.00			29th
St Wyllow	Advent Carol Service	11.00			29th

Can you spare a few hours?

If so, perhaps you would consider sharing distribution of the Parish News? Many hands make light work so the current team would welcome more coming on board to share the role for distribution throughout Polruan and the outlying areas of the parishes.

Please contact the Editorial Team on
editor@polruanparishnews.co.uk

Thank you



Crossword answers

ACROSS
1. Elch, 3. Assassins, 7. Panacea, 9. Ash, 10. Stet, 11. Nail, 12. Brie, 13. Occur, 14. Elect, 16. Espy, 18. Pear, 20. Tate, 21. RAC, 22. Erudite, 24. Embolism, 25. Stop.

DOWN
1. Elgar, 2. Cipher, 3. Aga, 4. Aka, 5. Septic, 6. Neuter, 8. Coutreau, 11. Next, 13. Over, 14. Estate, 15. Entomb, 17. Parent, 19. Scamp, 22. Eel, 23. Dim.

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